

# Antimicrobial Prophylaxis in Hematologic Malignancies



UTAH SOCIETY OF  
HEALTH-SYSTEM PHARMACISTS

**Melanie Hunter, PharmD**

Pharmacy Practice Resident

University of Utah Health

[melanie.hunter@pharm.utah.edu](mailto:melanie.hunter@pharm.utah.edu)

March 15, 2022

# Disclosure

- Relevant Financial Conflicts of Interest
  - **CE Presenter, Melanie Hunter, PharmD:**
    - No relevant conflicts of interest exist.
  - **CE Mentor, Charlotte B Wagner, PharmD, BCOP:**
    - No relevant conflicts of interest exist.
- Off-Label Uses of Medications
  - This presentation will not include off-label uses of medications.



# Pharmacist Learning Objectives

- At the conclusion of this activity, pharmacists should be able to successfully:
  - Evaluate the National Comprehensive Cancer Network (NCCN), American Society of Clinical Oncology/ Infectious Disease Society of America (ASCO/IDSA), and the American Society of Bone Marrow Transplantation (ASBMT) guidelines for antimicrobial prophylaxis
  - Design prophylactic regimens based on patient specific factors
  - Identify clinical challenges regarding concomitant antifungal prophylaxis and newer targeted agents



# Technician Learning Objectives

- At the conclusion of this activity, technicians should be able to successfully:
  - Review the National Comprehensive Cancer Network (NCCN), American Society of Clinical Oncology/ Infectious Disease Society of America (ASCO/IDSA), and the American Society of Bone Marrow Transplantation (ASBMT) guidelines for antimicrobial prophylaxis
  - Recognize prophylactic antimicrobial agents by generic and trade names
  - Distinguish between different types of antimicrobial agents used for prophylaxis in hematologic malignancies

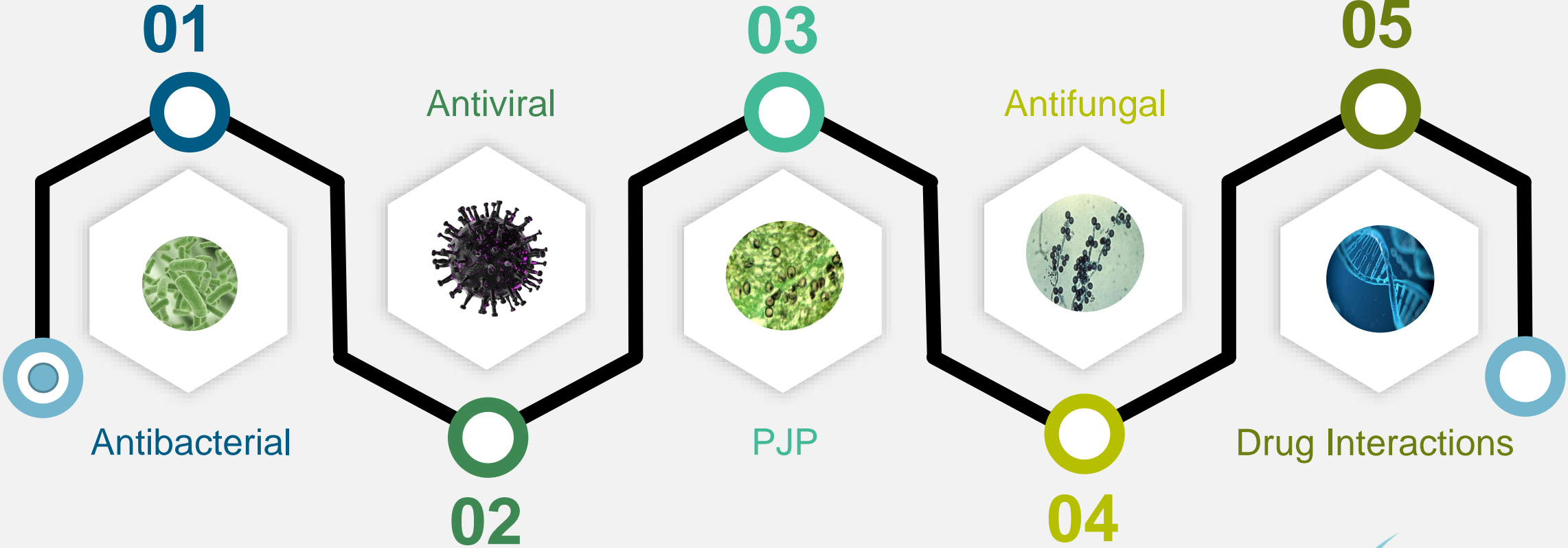


# Abbreviations

- AML: Acute myeloid leukemia
- ANC: Absolute neutrophil count
- CMV: Cytomegalovirus
- EBV PTLD: Epstein-Barr virus-associated post-transplant lymphoproliferative disorder
- GVHD: Graft versus host disease
- HCT: Hematopoietic cell transplant
- HHV: Human herpes virus
- HSV: Herpes simplex virus
- PJP: Pneumocystis jirovecii pneumonia
- SMX/TMP: Sulfamethoxazole/trimethoprim
- VZV: Varicella zoster virus



# Prophylaxis Pitstops

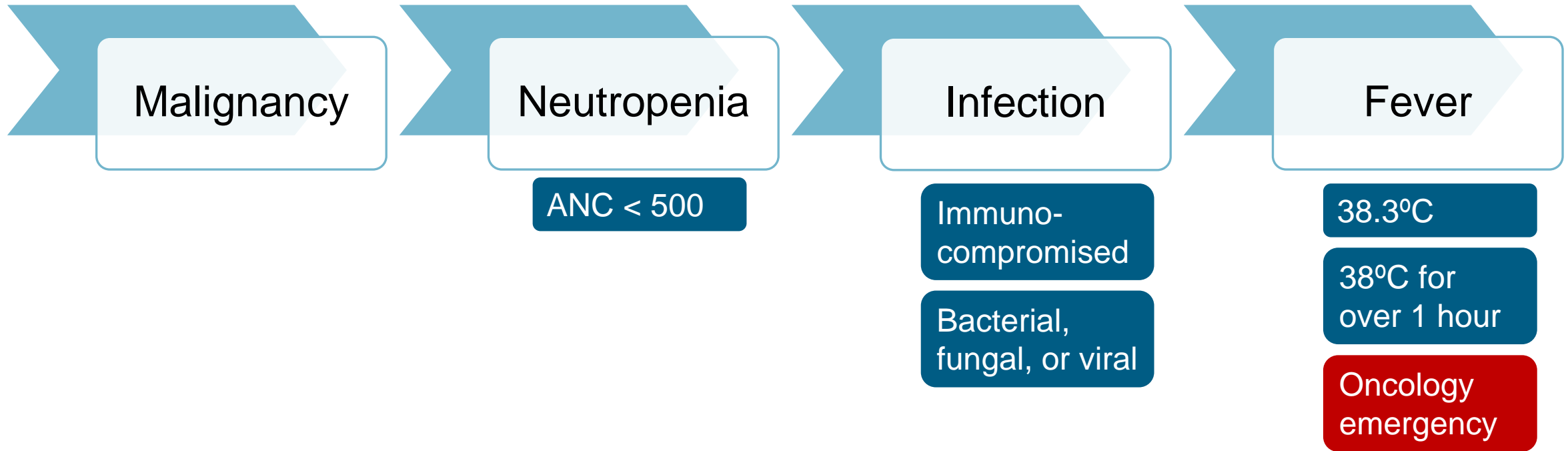


# Background

---

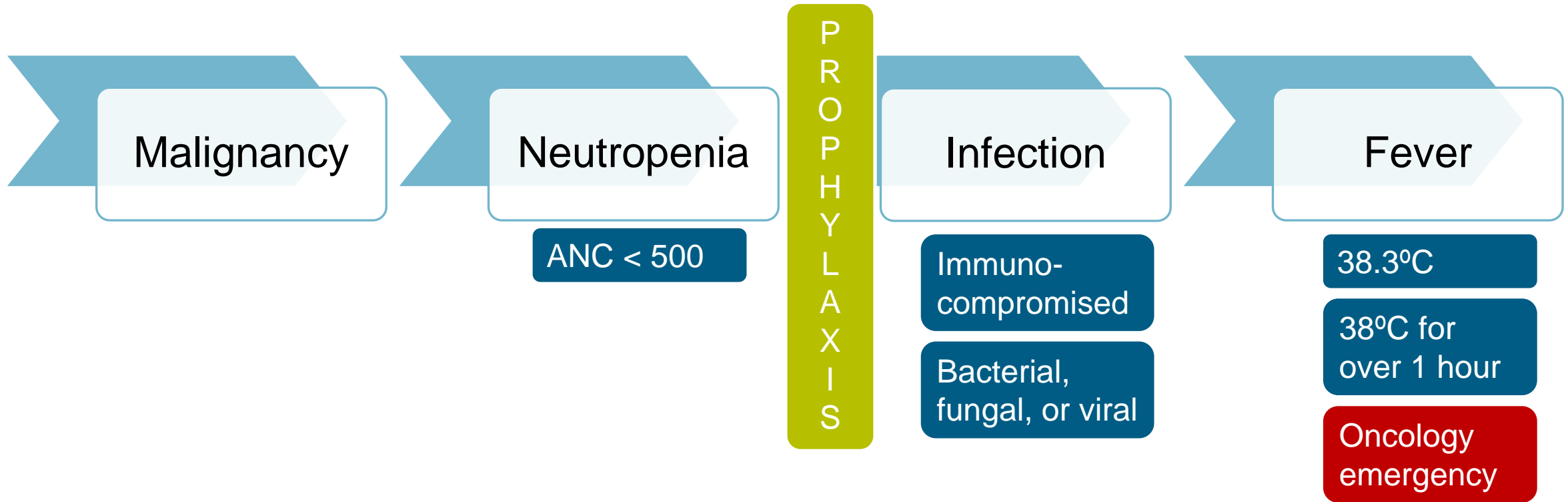


# Why we use antimicrobial prophylaxis





# Why we use antimicrobial prophylaxis



# Determining Infection Risk

## Low

- Neutropenia <7 days
- Most solid tumors
- Generally prophylaxis is not indicated

## Medium

- Neutropenia 7-10 days
- Lymphoma and chronic leukemia
- Autologous HCT
- Multiple myeloma
- Purine analog therapy

## High

- Neutropenia >10 days
- Acute leukemia
- Alemtuzumab therapy
- Allogeneic HCT
- GVHD (moderate to severe)



# Predisposing Factors for Infections

## Factors

- Myelosuppressive chemotherapy
- Pre-engraftment stem cell transplant
- Central lines
- Impaired GI tract

## Infections

- Bacterial
  - **Gram Negative**
  - **Gram positive**
  - **GI Strep**
- Viral
  - **HSV**
  - Respiratory and enteric viruses
  - HHV
- Fungal
  - *Aspergillus* species
  - *Candida* species

# Predisposing Factors for Infections

## Factors

- Post-engraftment stem cell transplant
- Alemtuzumab

## Infections

- Bacterial
  - **Gram positive**
  - **GI Strep**
  - Gram Negative
- Viral
  - **HSV**
  - **CMV**
  - Respiratory and enteric viruses
  - HHV
  - EBV PTLD
- Fungal
  - *Aspergillus* species
  - *Candida* species
  - *Pneumocystis*

# Predisposing Factors for Infections

## Factors

- Asplenia
- Hypogammaglobulinemia
- Steroids, purine analogs, alemtuzumab
- After day 100 of stem cell transplant

## Infections

- Bacterial
  - **Encapsulated bacteria**
- Viral
  - **HSV**
  - **CMV**
  - **VZV**
  - Respiratory and enteric viruses
  - HHV
  - EBV PTLD
- Fungal
  - *Aspergillus* species
  - *Pneumocystis*





# Pharmacist Response Question


DM is a 45-year-old patient receiving chemotherapy prior to stem cell transplant engraftment. They have a central line placed. What viral infection are they most at risk for during this stage of treatment?

- A. HSV
- B. VZV
- C. HIV
- D. CMV



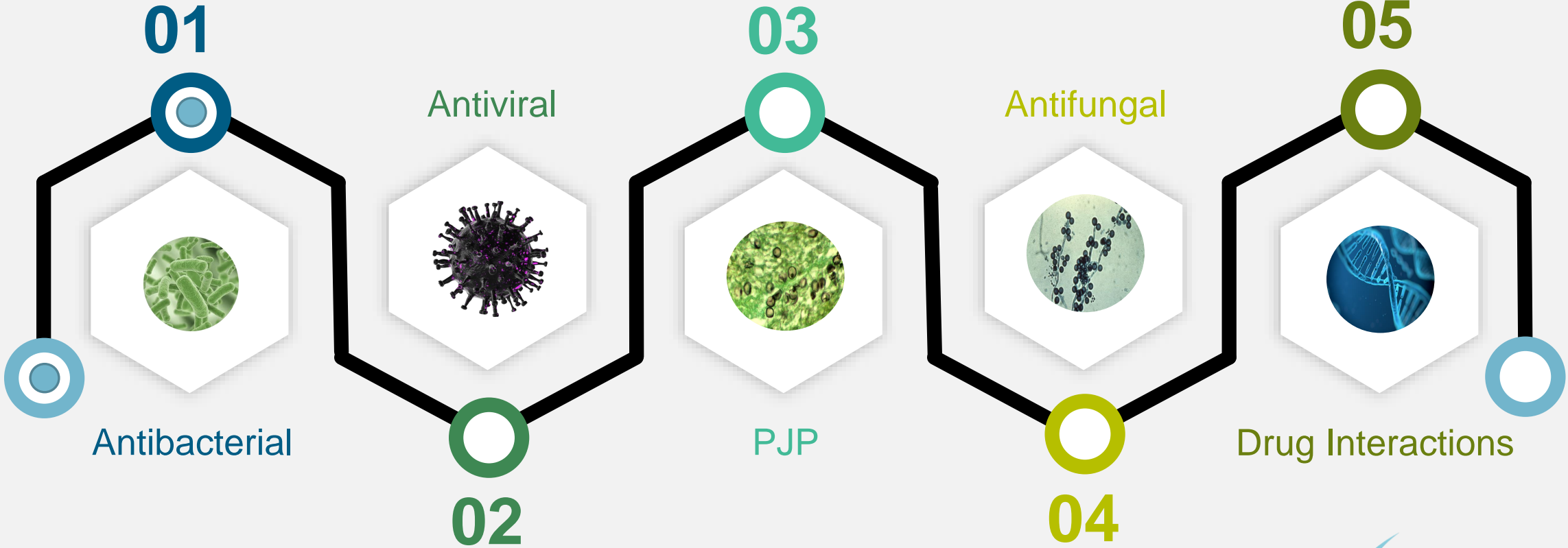
 [Pollev.com/USHP](https://Pollev.com/USHP)

 Download the Poll Everywhere app and join USHP

 Text USHP to 22333



# Prophylaxis Pitstops



# Antibacterial Prophylaxis

---





# NCCN Recommendations

- Antibacterial prophylaxis is not recommended for patients with a low infection risk
- Fluoroquinolone prophylaxis is recommended for patients with intermediate or high infection risk
- Levofloxacin is the preferred antibacterial prophylaxis agent
  - SMX/TMP or an oral third-generation cephalosporin may be considered for patients who are intolerant to fluoroquinolones

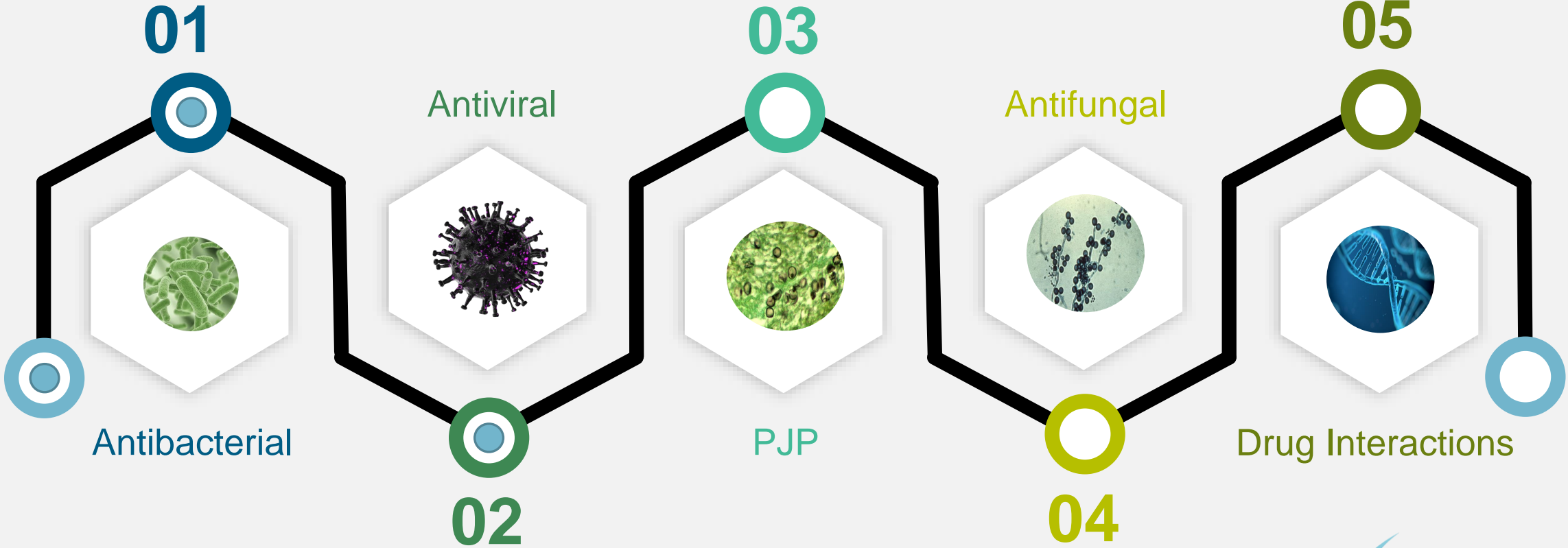


# Fluoroquinolones

Trial	Population	Intervention	Results
Gafter-Gvili et al. 2005 Meta Analysis	Neutropenia  Included both heme malignancies and solid tumor  N=9283	Antibiotic prophylaxis v. placebo or no treatment  (52 of 95 studies used fluoroquinolones)	Antibiotic prophylaxis decreased risk of death compared to placebo or no treatment (RR 0.67, 95% CI 0.55-0.81)  <b>Fluroquinolone prophylaxis reduced all-cause mortality (RR 0.52, CI 0.35-0.77) and infection-related mortality, fever, and infections.</b>  All antibiotics increased risk for adverse events, but the increase was not statistically significant with fluoroquinolones.
Gafter-Gvili et al. 2012 Meta Analysis	Neutropenia  Included both heme malignancies and solid tumor  N=13,579	Antibiotic prophylaxis v. placebo or no treatment  109 trials	Antibiotic prophylaxis decreased risk of death compared to placebo or no treatment (RR 0.66, 95% CI 0.55-0.79)  NNT=34  <b>No significant differences between quinolone and SMX/TMP prophylaxis in risk of death, but fluoroquinolones had fewer side effects and less resistance.</b>

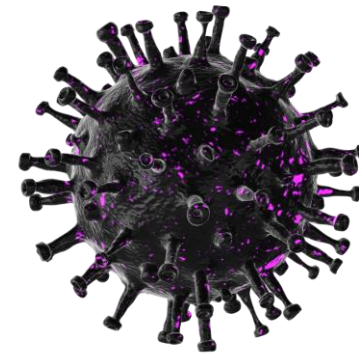


# Prophylaxis Pitstops



# Antiviral Prophylaxis

---



# Herpes Simplex Virus

## What

Acyclovir (Zovirax),  
famciclovir (Famvir),  
or valacyclovir  
(Valtrex)

Foscarnet (Foscavir)  
for acyclovir-  
resistant HSV

## When

Neutropenia  
T-cell depletion  
(fludarabine,  
alemtuzumab, etc.)

HCT, GVHD

# Varicella Zoster Virus

## What

Higher doses of  
acyclovir,  
famciclovir, or  
valacyclovir

## When

Neutropenia  
T-cell depletion  
(fludarabine,  
alemtuzumab, etc.)

HCT  
6 to 12 months after  
auto-HCT

Bortezomib  
Carfilzomib



# CMV

## What

Valganciclovir  
(Valcyte)  
Ganciclovir  
(Cytovene)

Foscarnet  
Cidofovir

Letermovir  
(Prevymis)

## When

Allogeneic HCT




Balance  
duration with  
adverse event  
profiles

# Technician Response Question

Which of the following is the trade name for ganciclovir?

- A. Levaquin
- B. Bactrim
- C. Noxafil
- D. Cytovene

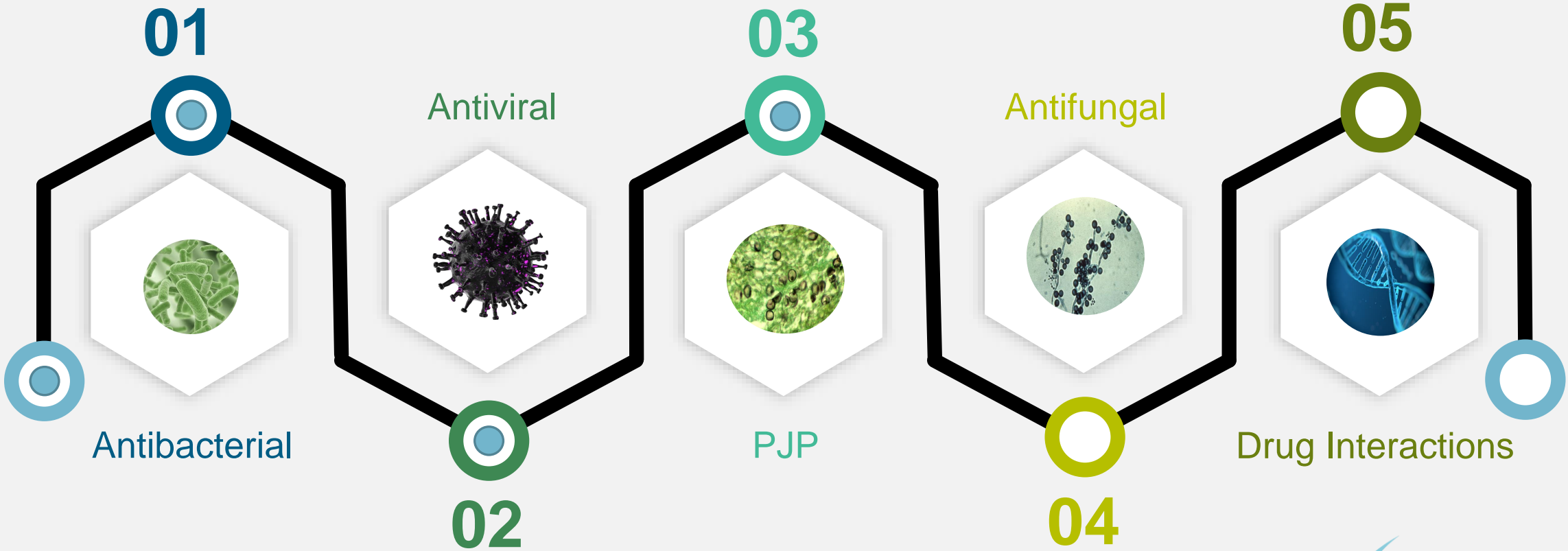


-  [Pollevo.com/USHP](https://Pollevo.com/USHP)
-  Download the Poll Everywhere app and join USHP
-  Text USHP to 22333



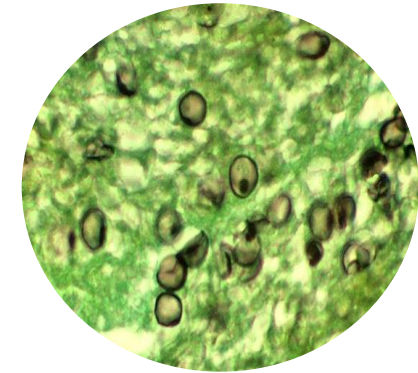


# Prophylaxis Pitstops



# Pneumocystis jirovecii Prophylaxis

---



# NCCN Guidelines

Sulfamethoxazole/Trimethoprim (SMX/TMP) is the medication of choice for prevention of *Pneumocystis jirovecii*

In cases of intolerance, SMX/TMP desensitization should be considered

Daily dapsone, aerosolized pentamidine, or atovaquone may be considered as alternative therapies.

IV pentamidine has been used in place of aerosolized pentamidine in many cases due to the COVID-19 pandemic.



# SMX/TMP


Trial	Population	Intervention	Results
Green et al. 2007 Meta Analysis	Patients with hematologic cancer or with a bone marrow transplant  N=1245	Variety of prophylaxis regimens v. placebo or no treatment	<b>SMX/TMP prophylaxis regimens showed a 91% reduction in occurrence of PCP (RR 0.09; 95% CI 0.02-0.32) and an 83% reduction in PCP-related mortality (RR 0.17; 95% CI 0.03-0.94)</b>  NNT=15


# Technician Response Question


**Which of the following medications can be used as an antibiotic and anti-PJP agent?**

- A. Levofloxacin
- B. Amphotericin B
- C. Posaconazole
- D. Sulfamethoxazole/Trimethoprim



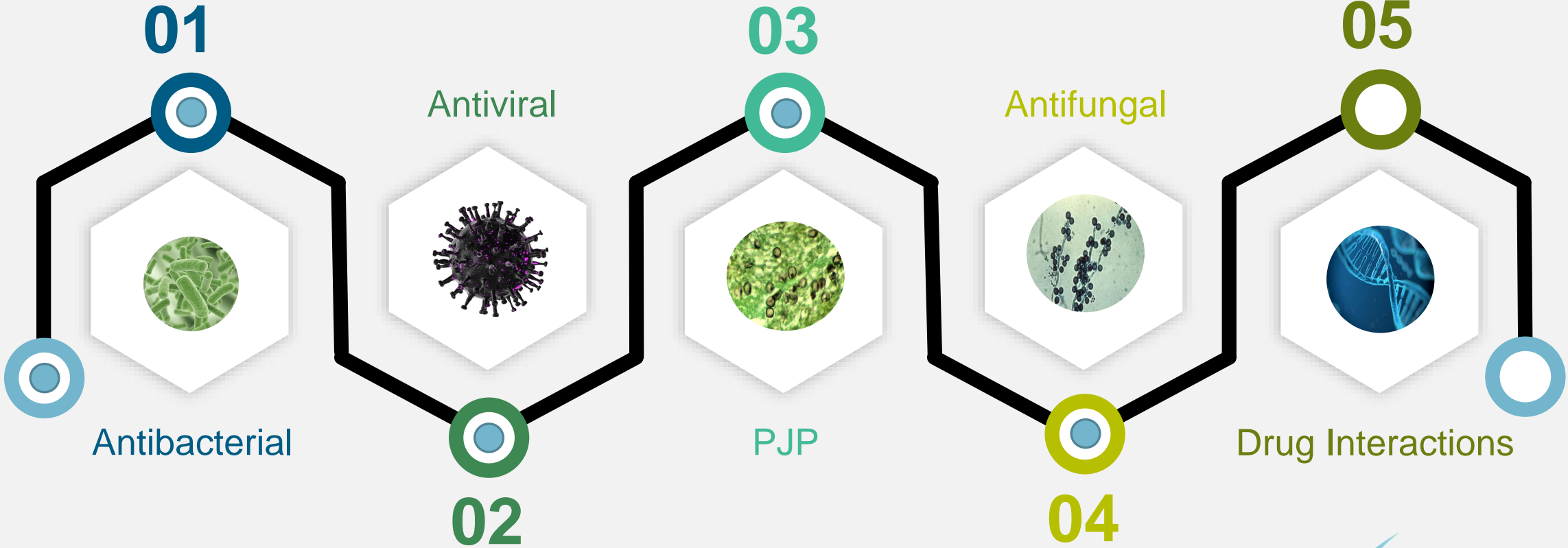
 [Pollev.com/USHP](https://Pollev.com/USHP)

 Download the Poll Everywhere app and join USHP

 Text USHP to 22333

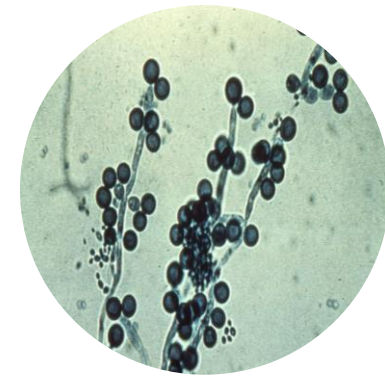


# Prophylaxis Pitstops



# Antifungal Prophylaxis

---



# Guideline Recommendations

## Auto HCT

- Fluconazole or micafungin
- Only use antifungal prophylaxis in setting of mucositis

## Allo HCT

- Mold active agent in late stage and with GVHD
- Fluconazole or micafungin should be used for at least 75 days

## AML

- Posaconazole is the drug of choice for induction
- Voriconazole, fluconazole, micafungin or amphotericin B can also be considered
- Risk of aspergillosis is >6%





# Posaconazole


Trial	Population	Intervention	Results
Cornely et al. 2007	Patients with neutropenia resulting from chemotherapy for acute myelogenous leukemia or the myelodysplastic syndrome  N=602	Posaconazole v. fluconazole or itraconazole	Posaconazole was superior to fluconazole or itraconazole in preventing invasive fungal infections (absolute reduction -6%; 95% CI -9.7 to -2.5%; P<0.001)  <b>Posaconazole improved overall survival (P=0.04).</b>  There were more serious adverse events in the posaconazole group.


# Pharmacist Response Question




ST is a patient who was recently diagnosed with AML and is starting induction therapy. What antimicrobial prophylaxis would you recommend the teams starts?

- A. Azithromycin, SMX/TMP, and letermovir
- B. Levofloxacin, acyclovir, and posaconazole
- C. SMX/TMP and amphotericin B
- D. This patient does not need antimicrobial prophylaxis until their consolidation phase treatment

 [Pollev.com/USHP](https://Pollev.com/USHP)

 Download the Poll Everywhere app and join USHP

 Text USHP to 22333





# Technician Response Question




**A patient needs an insurance appeal submitted for coverage of posaconazole for antifungal prophylaxis. Which guidelines could be used to support their need for this expensive medication? Select all that apply**

- A. NCCN Prevention and Treatment of Cancer-Related Infections
- B. Outpatient Management of Fever and Neutropenia in Adults Treated for Malignancy: ASCO and IDSA Clinical Practice Guideline Update
- C. American Society for Blood and Marrow Transplant (ASBMT) Guidelines for Preventing Infectious Complications among Hematopoietic Cell Transplantation Recipients
- D. Antimicrobial Prophylaxis for Adult Patients With Cancer-Related Immunosuppression: ASCO and IDSA Clinical Practice Guideline Update

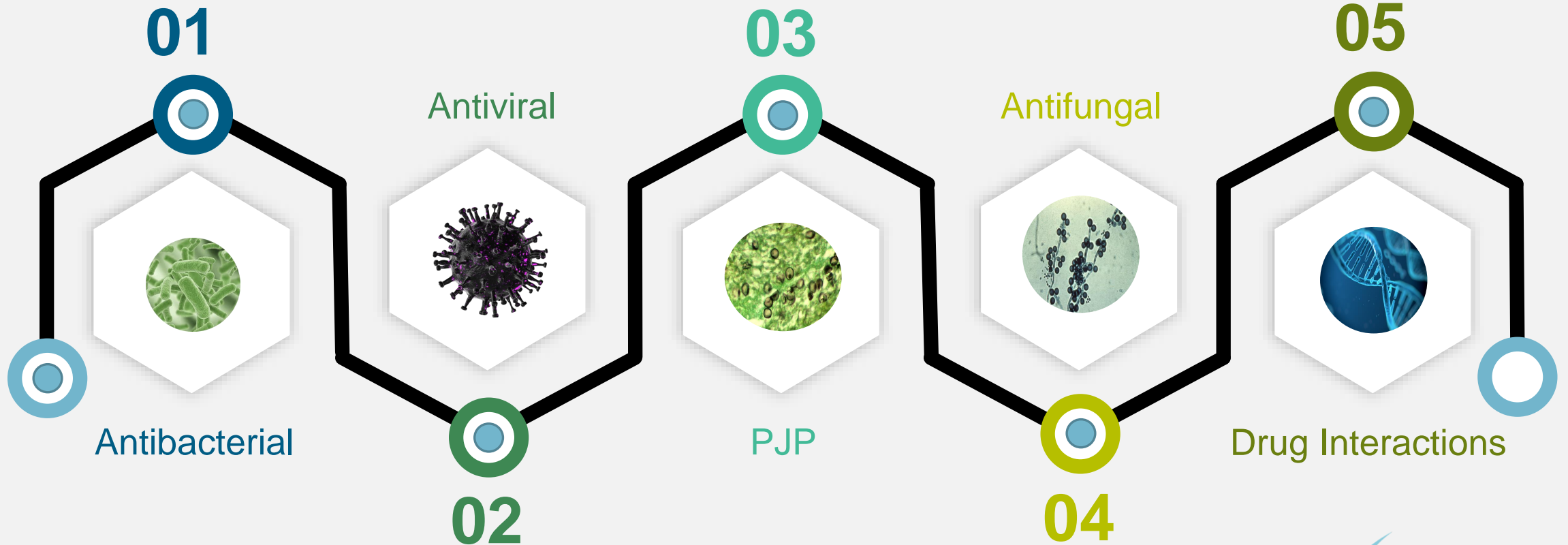
 [Pollev.com/USHP](https://Pollev.com/USHP)

 Download the Poll Everywhere app and join USHP

 Text USHP to 22333



# Prophylaxis Pitstops



# Drug Interactions

---



# Drug-drug Interactions

- Azoles inhibit CYP3A4 and may interact with proteasome inhibitors, tyrosine kinase inhibitors, and vinca alkaloids.
- Consider spacing these medications with the offending antifungals for 10 days.

# Midostaurin

Trial	Population	Intervention	Results
Ouatas et al. 2017	Patients with newly diagnosed FLT3-mutated AML	61% of patients were using concomitant moderate to strong CYP3A4 inhibitors during induction	<p>Shorter time to Grade III and IV adverse events</p> <p>No difference in complete response, progression free survival, overall survival or overall adverse events</p> <p><b>May proceed with concomitant therapy with caution. Monitor for QTc prolongation, nausea and vomiting, and pneumonitis.</b></p>

# Venetoclax

Trial	Population	Intervention	Results
Agarwal et al. 2017 drug interaction study	Adults with AML N=12	After ramp-up period, posaconazole 300 mg plus either venetoclax 50 mg or 100 mg	Venetoclax 50mg increased Cmax and AUC (53% and 76%) and venetoclax 100 mg increased Cmax and AUC (93% and 155%)  Posaconazole was estimated to increase venetoclax Cmax and AUC by 7.1 and 8.8 fold, respectively.  <b>Reduce dose by at least 75%.</b>



# Gilteritinib

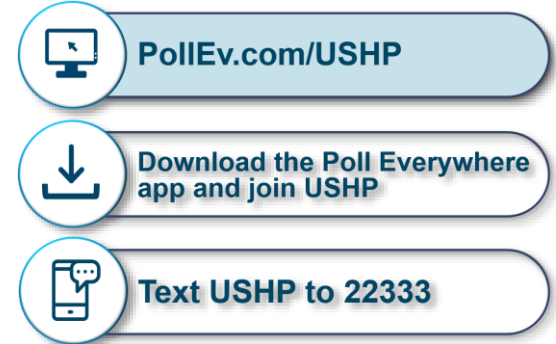
Trial	Population	Intervention	Results
CHRYSALIS drug-drug interaction study Levis et al. 2017	Adults with primary or secondary AML refractory to chemotherapy	70% of patients were using concomitant moderate to strong CYP3A4 inhibitors	Increase in gilteritinib concentrations were between 2 and 2.2 fold with moderate to strong CYP 3A4 inhibitors  <b>May proceed with concomitant therapy with caution. Monitor for QTc prolongation.</b>

# Pharmacist Response Question

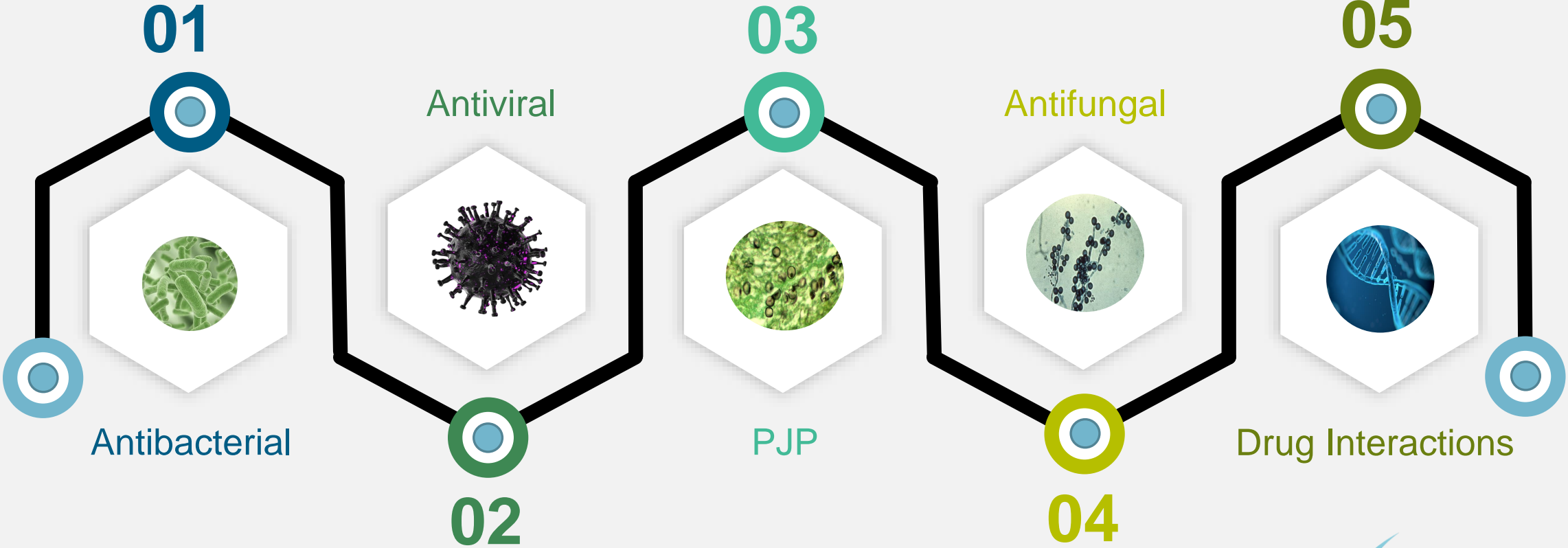


LD is a patient on midostaurin. The provider would like to start posaconazole therapy. What would you recommend regarding the use of these medications together?

- A. These medications should never be used together.
- B. The midostaurin should be stopped during posaconazole therapy and resumed 3 days after posaconazole is complete.
- C. Posaconazole should be used every other day rather than every day during midostaurin therapy.
- D. Both medications may be used together with additional monitoring for QTc prolongation, nausea and vomiting, and pneumonitis.



# Prophylaxis Pitstops



# Summary

- Antimicrobial prophylaxis helps prevent morbidity and mortality associated with neutropenic fever
- Infection risk is determined based on duration of neutropenia, type of malignancy and treatment, and patient specific factors
- Fluoroquinolones are recommended for antibacterial prophylaxis, but may also be associated with higher rates of resistant bacteria and c. diff
- Acyclovir, famciclovir, or valacyclovir are used for preventing HSV and VZV
- Valgancyclovir, ganciclovir, and letermovir are antivirals for CMV prophylaxis
- SMX/TMP is the antibacterial prophylaxis of choice for preventing PJP due to reduced mortality
- Fluconazole and micafungin are used in both auto and allo transplants
- Posaconazole prophylaxis improves overall survival in AML
- Azoles are CYP3A4 inhibitors and may interact with newer cancer therapies, requiring dose reductions or increased monitoring



# Acknowledgements

- Charlotte B Wagner, PharmD, BCOP
- Brandon Tritle, PharmD, BCIDP



# References

- NCCN. Prevention and Treatment of Cancer-Related Infections. v1.2021.
- Center for International Blood and Marrow Transplant Research (CIBMTR); National Marrow Donor Program (NMDP); European Blood and Marrow Transplant Group (EBMT); American Society of Blood and Marrow Transplantation (ASBMT); Canadian Blood and Marrow Transplant Group (CBMTG); Infectious Disease Society of America (IDSA); Society for Healthcare Epidemiology of America (SHEA); Association of Medical Microbiology and Infectious Diseases Canada (AMMI); Centers for Disease Control and Prevention (CDC). Guidelines for preventing infectious complications among hematopoietic cell transplant recipients: a global perspective. *Bone Marrow Transplant*. 2009 Oct;44(8):453-558. PMID: 20095071.
- Taplitz RA, Kennedy EB, Bow EJ, Crews J, Gleason C, Hawley DK, Langston AA, Nastoupil LJ, Rajotte M, Rolston KV, Strasfeld L, Flowers CR. Antimicrobial Prophylaxis for Adult Patients With Cancer-Related Immunosuppression: ASCO and IDSA Clinical Practice Guideline Update. *J Clin Oncol*. 2018 Oct 20;36(30):3043-3054. doi: 10.1200/JCO.18.00374. Epub 2018 Sep 4. PMID: 30179565.
- Gafter-Gvili A, Fraser A, Paul M, Leibovici L. Meta-analysis: antibiotic prophylaxis reduces mortality in neutropenic patients. *Ann Intern Med*. 2005 Jun 21;142(12 Pt 1):979-95. doi: 10.7326/0003-4819-142-12\_part\_1-200506210-00008. Erratum in: *Ann Intern Med*. 2006 May 2;144(9):704. PMID: 15968013.
- Gafter-Gvili A, Fraser A, Paul M, Vidal L, Lawrie TA, van de Wetering MD, Kremer LC, Leibovici L. Antibiotic prophylaxis for bacterial infections in afebrile neutropenic patients following chemotherapy. *Cochrane Database Syst Rev*. 2012 Jan 18;1(1):CD004386. doi: 10.1002/14651858.CD004386.pub3. PMID: 22258955; PMCID: PMC4170789.

# References

- Green H, Paul M, Vidal L, Leibovici L. Prophylaxis of Pneumocystis pneumonia in immunocompromised non-HIV-infected patients: systematic review and meta-analysis of randomized controlled trials. *Mayo Clin Proc.* 2007 Sep;82(9):1052-9. doi: 10.4065/82.9.1052. PMID: 17803871.
- Taoufik Ouatas, Vincent Duval, Karen Sinclair, Noah Berkowitz, Concomitant Use of Midostaurin with Strong CYP3A4 Inhibitors: An Analysis from the Ratify Trial, *Blood*, Volume 130, Supplement 1, 2017, Page 3814, ISSN 0006-4971, [https://doi.org/10.1182/blood.V130.Suppl\\_1.3814.3814](https://doi.org/10.1182/blood.V130.Suppl_1.3814.3814). (<https://www.sciencedirect.com/science/article/pii/S0006497119843306>)
- Levis M, Smith C, Litzow M, et al. Drug- Drug- Interaction potential of gilteritinib in healthy subjects and patients with relapsed/ refractory acute myeloid leukemia. Abstract# E940 [abstract]. *Haematologica.* 2017;102(Suppl. 2):386. Abstract # E940. Available at: <https://learningcenter.ehaweb.org/eha/2017/22nd/180716/mark.levis.drugdrug.interaction.potential.of.gilteritinib.in.healthy.subjects.html?f=m2e1181>.
- Agarwal SK, DiNardo CD, Potluri J, Dunbar M, Kantarjian HM, Humerickhouse RA, Wong SL, Menon RM, Konopleva MY, Salem AH. Management of Venetoclax-Posaconazole Interaction in Acute Myeloid Leukemia Patients: Evaluation of Dose Adjustments. *Clin Ther.* 2017 Feb;39(2):359-367. doi: 10.1016/j.clinthera.2017.01.003. Epub 2017 Feb 1. PMID: 28161120.
- Cornely OA, Maertens J, Winston DJ, Perfect J, Ullmann AJ, Walsh TJ, Helfgott D, Holowiecki J, Stockelberg D, Goh YT, Petrini M, Hardalo C, Suresh R, Angulo-Gonzalez D. Posaconazole vs. fluconazole or itraconazole prophylaxis in patients with neutropenia. *N Engl J Med.* 2007 Jan 25;356(4):348-59. doi: 10.1056/NEJMoa061094. PMID: 17251531.