

USHP Annual Meeting  
Saturday, September 14, 2019  
McKay-Dee Hospital  
4401 Harrison Blvd  
Ogden, UT 84403

## 2019 Registration

Option 1 – Fill out this form and mail with check to:  
USHP, PO Box 58356, Salt Lake City, Utah 84158  
Registration must be postmarked by September 9, 2019

Option 2 – Register online and pay via credit card or PayPal at [www.ushp.org](http://www.ushp.org)

**Space is Limited – Register Early!**

Name:

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Mailing Address:

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City, State, Zip:

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Preferred Phone:

Dietary Needs:

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Email Address:

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CPE Monitor ID# (required)

Birth Month/Day (required)

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Note: CPE Monitor ID, Birth Month/Day required for ACPE credit

After September 9<sup>th</sup>, add \$30 to the published price below. An e-mail confirmation will be sent to the address provided above.

### **Pricing Schedule**

	Member	Non-Member
Pharmacist	___ \$125	___ \$250
Technician/Resident/Fellow	___ \$50	___ \$100
Student	___ \$30	___ \$45

Check One (required):

\_\_\_ I will attend presentations in person.

\_\_\_ I will view the presentations on WebEx.\*

\*If WebEx is selected, a participation code will be provided during each presentation. In order to claim WebEx CE credit, the participant MUST enter the presentation-specific participation code on the post-meeting evaluation.

## Meeting Agenda

USHP Annual Meeting  
 Saturday, September 14<sup>th</sup>, 2019  
 McKay-Dee Hospital  
 4401 Harrison Blvd  
 Ogden, UT 84403

<b>7:00 AM – 8:00 AM</b>	<b>Registration, Check-In &amp; Breakfast</b>
<b>8:00 AM – 8:15 AM</b>	<b>Welcome/Discussion of USHP Business Items (Awards) <i>Auditorium</i></b>
<b>8:20 AM – 9:20 AM</b>	<b>Keynote Presentation: “Medical Cannabis: Primer for the Pharmacy Provider” A-0167-0000-19-018-L03-P/T – 0.1 CEU (Law CE Credit) Sarah Yost, PharmD, BCPS and Brad Winter, PharmD, BCACP <i>Auditorium</i></b>
<b>9:20 AM – 9:35 AM</b>	<b>Break</b>
<b>9:35 AM – 10:35 AM</b>	<b>“Safe Medication Use in Pediatrics” A-0167-0000-19-019-L05-P/T – 0.1 CEU (Patient Safety CE Credit) Emily Benefield, PharmD, BCPS, BCPPS <i>Auditorium</i></b>
<b>10:40 AM – 11:40 AM</b>	<b>“Is Less More? Deprescribing Pearls for the Elderly” A-0167-0000-19-020-L05-P/T – 0.1 CEU Johanna Thompson, PharmD, BCPS, BCGP; Melissa Green, PharmD, BCPS <i>Auditorium</i></b>
<b>11:40 AM – 12:45 PM</b>	<b>Lunch/Exhibitors/Poster Session</b>
<b>12:45 PM – 1:45 PM</b>	<b>“Off-season Just Flu By: Influenza Updates for the 2019 – 20 Season and Pneumococcal Vaccine Refresher” A-0167-0000-19-021-L06-P/T – 0.1 CEU (Immunization CE Credit) Rachael Freeman, PharmD, BCPS <i>Auditorium</i></b>
<b>1:50 PM – 2:05 PM</b>	<b>USHP Officer Installation</b>
<b>2:10 PM – 3:10 PM</b>	<b>“ASHP Update” K-0167-0000-19-023-L04-P/T – 0.1 CEU Linda Tyler, PharmD, FASHP American Society of Health-System Pharmacists <i>Auditorium</i></b>
<b>3:10 PM – 4:10 PM</b>	<b>“ExpLORing Best Practices for Writing Effective Letters of Recommendation” A-0167-0000-19-022-L04-P/T – 0.1 CEU Kyle Turner, PharmD, BCACP <i>Auditorium</i></b>
<b>4:10 PM – 4:15 PM</b>	<b>Closing Remarks <i>Auditorium</i></b>

P = Accredited for Pharmacists

T = Accredited for Technicians

The target audience is Pharmacists and Pharmacy Technicians.

All educational activities are knowledge (K)- or application (A)-based activities. (*See list below*)

## **Educational Objectives**

8:20 AM

**“Medical Cannabis: Primer for the Pharmacy Provider”  
(P/T) – 0.1 CEU (Law CE Credit)  
Sarah Yost, PharmD, BCPS and Brad Winter, PharmD, BCACP**

Objectives (Pharmacists)

- Differentiate between tetrahydrocannabinol (THC) and cannabidiol (CBD)
- Review available cannabinoid formulations that are allowed in the state of Utah
- Review available literature for use in various qualifying conditions
- Describe key details of the Utah Medical Cannabis Act

Objectives (Technicians)

- Differentiate between tetrahydrocannabinol (THC) and cannabidiol (CBD)
  - Review available cannabinoid formulations that are allowed in the state of Utah
  - Describe key details of the Utah Medical Cannabis Act
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9:35 AM

**“Safe Medication Use in Pediatrics”  
(P/T) – 0.1 CEU (Patient Safety Credit)  
Emily Benefield, PharmD, BCPS, BCPPS**

Objectives (Pharmacists)

- Assess the risk for medication errors for pediatric patients requiring over-the-counter (OTC) medications
- Identify online resources for pharmacy personnel and families regarding pediatric medication safety
- Choose appropriate counseling points for appropriate use of OTC medications for pediatric patients

Objectives (Technicians)

- Describe common medication errors in pediatric patients
  - Evaluate different medication measurement devices intended for pediatric use
  - Recall the phone number for the Poison Control Center
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10:40 AM

**“Is Less More? Deprescribing Pearls for the Elderly”  
(P/T) – 0.1 CEU  
Johanna Thompson, PharmD, BCPS, BCGP and Melissa Green, PharmD, BCPS**

Objectives (Pharmacists)

- Justify use or non-use of low-dose aspirin and statin medications in elderly patients
- Create a plan to de-prescribe proton pump inhibitors in older adults
- Identify patient-, provider- and system-level prescribing forces leading to polypharmacy
- Explain the SHARE Approach to defining patient-specific goals of care

Objectives (Technicians)

- Identify reasons a patient may or may not be eligible for low dose aspirin
  - List risks and benefits of statin medications in the elderly
  - Discuss risks of proton pump inhibitor use.
  - Identify patient-, provider- and system-level prescribing forces leading to polypharmacy
  - Identify opportunities to invite patients to discuss discontinuing a medication with their pharmacist.
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12:45 PM

**“Off-season Just Flu By: Influenza Updates for the 2019 – 20 Season and Pneumococcal Vaccine Refresher”**

**(P/T) – 0.1 CEU**

**Rachael Freeman, PharmD, BCPS**

Objectives (Pharmacists)

- Outline the vaccination-based recommendations for the 2019-2020 flu season
- Differentiate between eligibility of special populations for influenza vaccine
- Evaluate influenza treatment options and how they fit into current guideline recommendations
- Explain the difference between PPSV23 and PCV13
- Assess a patient’s eligibility for pneumonia vaccines and create an appropriate schedule

Objectives (Technicians)

- Outline the vaccination-based recommendations for the 2019-2020 flu season
- Compare baloxavir marboxil, peramivir and oseltamivir as they relate to pharmacy logistics
- Explain the difference between PPSV23 and PCV13

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2:10 PM

**“ASHP Update”**

**(P/T) – 0.1 CEU**

**Linda Tyler, PharmD, FASHP**

Objectives (Pharmacists)

- Summarize key ASHP Pharmacy forecast 2019 results
- Review the ASHP Council and House of Delegate process.
- Describe key ASHP member initiatives
- Assess how key governmental issues affect your practice.

Objectives (Technicians)

- Summarize key ASHP Pharmacy forecast 2019 results
- Describe key ASHP technician initiatives and how to get involved
- List key governmental issues affect pharmacy practice

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3:10 PM

**“ExpLORing Best Practices for Writing Effective Letters of Recommendation”**

**(P/T) – 0.1 CEU**

**Kyle Turner, PharmD, BCACP**

Objectives (Pharmacists)

- Determine common pitfalls when preparing letters of recommendation
- Evaluate the strengths and weakness of letter examples
- Co-create a series of best practices to be utilized in future letters of recommendation

Objectives (Technicians)

- Identify the types of letters of recommendation that are common within the pharmacy profession
  - Evaluate the strengths and weakness of letter examples
  - Co-create a series of best practices to be utilized in future letters of recommendation
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## Conference Details

**Registration:** Registration fees are discounted before September 9, 2019. To register, complete the registration form and pay by credit card (online only) or send a check to: USHP, PO Box 58356, Salt Lake City, Utah 84158. Payment by cash will not be accepted.

Space is limited! Register Early. Registration fee includes admittance to all programming, exhibits, and group meal functions.

Registrations received after the September 9<sup>th</sup> deadline or on site are subject to a \$30 additional processing fee.

**CE Credit:** Up to 6 credits of continuing pharmacy education credit (0.60 CEUs) will be provided. If attending the meeting in person, the participant **MUST** check in at the registration desk. If using the WebEx option for CE credit, a participation code will be provided during each presentation. In order to claim WebEx CE credit, the participant **MUST** enter each presentation-specific participation code on the post-meeting evaluation. All participants **MUST** complete and submit the post-meeting evaluation forms online *by the designated deadline*. All credit will be awarded through participants' CPE Monitor accounts. Credits will be uploaded within 60 days after the program.

**Cancellation Policy:** To receive partial or full refund, registrants must contact USHP in writing prior to September 13, 2019. Requests made after September 13<sup>th</sup> may not be considered.

**Exhibits:** The exhibit area offers an opportunity to learn about the latest from the pharmaceutical industry. Representatives from pharmaceutical manufacturers, wholesalers and others may be on hand to demonstrate new products and services.

**Special Assistance:** It is USHP's policy to comply with the American's with Disabilities Act. If you have any special needs or services while attending, please contact USHP no later than September 9, 2019 at [ushp@ushp.org](mailto:ushp@ushp.org).

**Parking:** Parking is complimentary and is located adjacent to the building. Directions to the facility will be available on the USHP website ([www.ushp.org](http://www.ushp.org)) prior to the conference.

**No grant funding has been sought for this educational program.**



The Utah Society of Health-System Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.